

Legacy Publishing and James Lehman, MSW Continue to Empower Parents
with New DVD, “The Complete Guide to Consequences”
*Creator of the Total Transformation Program Helps Parents
Give Effective Consequences to Kids*

Legacy Publishing Company realized they were onto something after James Lehman’s article, *Giving Kids Consequences that Work*, appeared in their online magazine, *Empowering Parents*. To date, the article is the most widely read in the award-winning magazine’s history, and has been emailed and commented upon close to a thousand times by readers all over North America.

“After the article came out, parents kept asking us for help finding consequences that work for their child” said Steve Anderson, founder and president of Legacy Publishing. “We felt we had the power to answer their need by creating a new video program that really targets the problem. *The Complete Guide to Consequences* shows parents very specifically how to give consequences that motivate children to perform—especially children who are displaying defiant, challenging, or disruptive behaviors.”

The DVD has proven to be just as popular as the article, selling out in the first day it was offered to readers of *Empowering Parents*. As the waiting list grew, Anderson said, “We had to rush order more, and they’ve been selling consistently. Obviously, there’s a real need out there for parents to be able to give kids the right consequences, and to get through to their children in a positive, effective way.”

In *The Complete Guide to Consequences*, noted child behavioral therapist James Lehman, MSW gives advice to parents based upon the principles he developed in the hugely popular Total Transformation Program. “My goal was to first show how parents use consequences ineffectively, so they could see why their kids might be tuning them out. Then we teach them the simpler, more effective responses—logical consequences that really work.”

The DVD features video role-plays of parents and children involved in typical confrontational situations, including refusal to get out of bed, verbal abuse, back talk, cursing, non-compliance with curfew, refusal to do chores, and more. In it, James Lehman shows parents how to give effective consequences to their children—even kids who don’t seem to care, no matter what parents do or say.

Legacy Publishing has plans to produce more DVDs on others topics related to parenting that will help people with the most difficult issues faced when raising children including O.D.D., ADHD/ADD, and defiant behavior.

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If you'd like more information on Empowering Parents, Legacy Publishing, or the Total Transformation® Program, or would like to schedule an interview, please contact Elisabeth Wilkins, at 207-856-5600 or access the company's website at http://www.LegacyPublishing.com/?utm_medium=webprart&utm_source=pr&utm_campaign=consequencesDVD=pr [behavior management products]

The Total Transformation® Program:

http://www.thetotaltransformation.com/?utm_medium=webprart&utm_source=pr&utm_campaign=consequencesDVD=pr [behavior management products]